





CERTIFICATE

OF PARTICIPATION

This is to certify that

Jaco Van Heerden

Has successfully participated & completed the

5km Stap Die Groot Stap

held at Die Bosveld.

TIME 01:43:41

PACE 20:43/km

OVERALL 169 of 199

08 November 2025, Sat

Date

GENDER 67 of 81

40 - 49 15 of 16

