

CERTIFICATE OF PARTICIPATION

This is to certify that

James Forrest

Has successfully participated & completed the
5km Adult Running for Transformation 2025

held at SACS, Newlands Avenue.

TIME 00:36:34

PACE 07:18/km
OVERALL 30 of 212

GENDER 22 of 72
60 - 69 2 of 8

16 June 2025, Mon

Date



BoutTime

Signature

