

CERTIFICATE OF PARTICIPATION

This is to certify that

James Frazer

Has successfully participated & completed the
21km Trail Run Around The Rock #3 Laborie
held at Laborie Wine Farm, Paarl.

TIME 02:35:31

PACE 07:24/km
OVERALL 11 of 16

GENDER 8 of 10
50 - 59 1 of 1

09 November 2025, Sun

Date



BoutTime

Signature

