

# CERTIFICATE OF PARTICIPATION

This is to certify that

**James Frazer**

Has successfully participated & completed the

**PUFfer 55km PUFfer Trail Run 2025**

held at Fish Hoek Sports Field.

**TIME 11:34:25**

**PACE 12:36/km**

**GENDER 142 of  
172**

**OVERALL 204 of 248**

**50 - 59 24 of 32**

30 August 2025, Sat

Date



*BoutTime*

Signature

