

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## James Frazer

Has successfully participated & completed the

18km The Fair Cape Cares Foundation Trail Run

held at Fair Cape Farm, Durbanville.

**TIME** 01:35:25

**PACE** 05:18/km

**OVERALL** 23 of 105

**GENDER** 21 of 61

**50 - 59** 3 of 8

13 September 2025, Sat

Date



BoutTime