

# CERTIFICATE OF PARTICIPATION

This is to certify that

**James Gaylard**

Has successfully participated & completed the

**PUFfer 55km PUFfer Trail Run 2025**

held at Fish Hoek Sports Field.

**TIME 12:32:34**

**PACE 13:39/km**

**GENDER 160 of 172**

**OVERALL 233 of 248**

**50 - 59 30 of 32**

30 August 2025, Sat

Date



*BoutTime*

Signature

