

CERTIFICATE OF PARTICIPATION

This is to certify that

Janine Barrows

Has successfully participated & completed the

5km The Fair Cape Cares Foundation Trail Run

held at Fair Cape Farm, Durbanville.

TIME 01:07:12

PACE 13:25/km

**GENDER 198 of
209**

OVERALL 271 of 285

50 - 59 39 of 40

13 September 2025, Sat

Date



BoutTime

Signature

