

CERTIFICATE

OF PARTICIPATION

This is to certify that

Jg Heijstek

Has successfully participated & completed the

Open Water Swim (Short) 500m Prime View Cross Tri & Duathlon #3

held at Prime View.

TIME 00:11:28

PACE 5.23km/h

OVERALL 11 of 26

GENDER 6 of 15

40 - 44 1 of 1

09 November 2025, Sun

Date



BoutTime