

CERTIFICATE

OF PARTICIPATION

This is to certify that

Johannes Pm Grundlingh

Has successfully participated & completed the

5 Km Fun Run / Walk Spekbos Josty Trail Run Challenge 2025

held at Lategansvlei Soccer Stadium, Oudtshoorn.

TIME 00:36:42

PACE 07:19/km

OVERALL 30 of 65

GENDER 21 of 25

50 - 59 3 of 5

22 November 2025, Sat

Date



BowlTime

Signature