

# CERTIFICATE OF PARTICIPATION

This is to certify that

**John Futter**

Has successfully participated & completed the  
**PUFfer 55km PUFfer Trail Run 2025**

held at Fish Hoek Sports Field.

**TIME 10:55:11**

**PACE 11:54/km**

**GENDER 128 of  
172**

**OVERALL 182 of 248**

**50 - 59 17 of 32**

30 August 2025, Sat

Date



*BoutTime*

Signature

