

CERTIFICATE OF PARTICIPATION

This is to certify that

John Menster

Has successfully participated & completed the

60km MTB Ambrosia Blueberry Dash

held at Ambrosia Citrus Estate, Mdlazi.

TIME 02:13:24

PACE 26.99km/h

OVERALL 4 of 52

GENDER 4 of 37

**GRAND 1 of 8
MASTERS**

18 October 2025, Sat

Date



BoutTime

Signature

