

CERTIFICATE

OF PARTICIPATION

This is to certify that

Jone Van Heerden

Has successfully participated & completed the

10km '25 Cape Prestige #2

held at Ayama Slent Farm.

TIME 01:05:32

PACE 06:33/km

OVERALL 11 of 70

GENDER 1 of 41

40 - 49 1 of 14

20 September 2025, Sat

Date



Bout Time