

CERTIFICATE OF PARTICIPATION

This is to certify that

Karen De Jager

Has successfully participated & completed the

5km #IAmAble Fun Run 2025

held at Alta du Toit School, Cape Town.

TIME 01:09:59

PACE 13:58/km

GENDER 91 of 156

OVERALL 146 of 248

OPEN 30 of 58

20 September 2025, Sat

Date



BoutTime

Signature

