



CERTIFICATE

OF PARTICIPATION

This is to certify that

L & A Medical Accounts L & A **Medical Accounts**

Has successfully participated & completed the

5km Stap Die Groot Stap

held at Die Bosveld.

TIME 01:16:01

PACE 15:12/km

OVERALL 53 of 199

GENDER 27 of 118

40 - 49 11 of 30

08 November 2025, Sat





