

CERTIFICATE OF PARTICIPATION

This is to certify that

Lana Truter

Has successfully participated & completed the
5km The Fair Cape Cares Foundation Trail Run
held at Fair Cape Farm, Durbanville.

TIME 00:56:49

PACE 11:21/km

**GENDER 144 of
209**

OVERALL 204 of 285

40 - 49 29 of 46

13 September 2025, Sat

Date



BoutTime

Signature

