

CERTIFICATE OF PARTICIPATION

This is to certify that

Lance Brinders

Has successfully participated & completed the
18km The Fair Cape Cares Foundation Trail Run
held at Fair Cape Farm, Durbanville.

TIME 01:55:10

PACE 06:22/km
OVERALL 69 of 105

GENDER 45 of 61
50 - 59 7 of 8

13 September 2025, Sat

Date



BoutTime

Signature

