

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lara Zietsman**

Has successfully participated & completed the

**10km RTV 2025 #5**

held at Vrede en Lust.

**TIME 00:53:08**

**PACE 05:18/km**

**OVERALL 7 of 165**

**GENDER 2 of 92**

**40 - 49 1 of 30**

31 May 2025, Sat

Date



*BoutTime*

Signature

