

CERTIFICATE OF PARTICIPATION

This is to certify that

Lauren Booth

Has successfully participated & completed the

8km Trail Run Ambrosia Blueberry Dash

held at Ambrosia Citrus Estate, Mdlazi.

TIME 01:03:17

PACE 7.58km/h

OVERALL 21 of 38

GENDER 14 of 26

VETERAN 7 of 11

18 October 2025, Sat

Date



BoutTime

Signature

