

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Lauren Rossouw

Has successfully participated & completed the

10km The Fair Cape Cares Foundation Trail Run

held at Fair Cape Farm, Durbanville.

**TIME** 01:46:17

**PACE** 10:36/km

**OVERALL** 229 of 261

13 September 2025, Sat

**Date** 

**GENDER** 145 of

172

**40 - 49** 42 of 48