

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lex Gous**

Has successfully participated & completed the  
**10km Trail Run Glen Aggy Trail Run 2025**

held at Plaas Glen Aggy.

**TIME 01:13:05**

**PACE 07:18/km**  
**OVERALL 34 of 140**

**GENDER 21 of 57**  
**60 - 69 1 of 4**

04 October 2025, Sat

Date



*BoutTime*

Signature

