

CERTIFICATE OF PARTICIPATION

This is to certify that

Lindy Emsley

Has successfully participated & completed the

10km Run/Walk Mistico Breakfast Run/Walk

held at Mistico, Cape Town.

TIME 01:00:13

PACE 06:00/km

OVERALL 14 of 44

GENDER 5 of 22

40 - 49 2 of 7

13 December 2025, Sat

Date



BoutTime

Signature

