

CERTIFICATE OF PARTICIPATION

This is to certify that

Lionel Krige

Has successfully participated & completed the

5km #IAmAble Fun Run 2025

held at Alta du Toit School, Cape Town.

TIME 00:44:00

PACE 08:48/km

OVERALL 74 of 248

GENDER 30 of 92

40 - 49 4 of 20

20 September 2025, Sat

Date



BoutTime

Signature

