

CERTIFICATE OF PARTICIPATION

This is to certify that

Lisavela Mmelwa

Has successfully participated & completed the

5km Trail Run Cool Intentions Charity Trail Run

held at Anura Wine Estate.

TIME 00:51:32

PACE 10:18/km

OVERALL 58 of 145

GENDER 23 of 80

OPEN 10 of 31

15 November 2025, Sat

Date



BoutTime

Signature

