





CERTIFICATE

OF PARTICIPATION

This is to certify that

Lise Marais

Has successfully participated & completed the

5km Stap Die Groot Stap

held at Die Bosveld.

TIME 01:41:19

PACE 20:15/km

OVERALL 164 of 199

08 November 2025, Sat

Date

GENDER 100 of 118

OPEN 24 of 31

