

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Lisl Evason

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

**TIME** 08:52:21

**PACE** 09:39/km

**OVERALL** 91 of 248

**GENDER** 20 of 76

**40 - 49** 5 of 30

30 August 2025, Sat

Date



BoutTime