

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lizanda Du Plessis**

Has successfully participated & completed the

**21km Trail Run Around The Rock #1 Rhebokskloof**

held at Rhebokskloof Wine Estate.

**TIME 02:28:18**

**PACE 07:03/km**

**OVERALL 12 of 37**

**GENDER 4 of 18**

**OPEN 3 of 11**

14 September 2025, Sun

Date



*BoutTime*

Signature

