

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Lizelle Esilva

Has successfully participated & completed the

10km Run/Walk Mistico Breakfast Run/Walk

held at Mistico, Cape Town.

**TIME** 01:17:07

**PACE** 07:42/km

**OVERALL** 31 of 44

**GENDER** 14 of 22

**40 - 49** 5 of 7

13 December 2025, Sat

Date



