

CERTIFICATE OF PARTICIPATION

This is to certify that

Lizl Konig

Has successfully participated & completed the
5km The Fair Cape Cares Foundation Trail Run
held at Fair Cape Farm, Durbanville.

TIME 00:54:18

PACE 10:51/km

**GENDER 127 of
209**

OVERALL 183 of 285

40 - 49 26 of 46

13 September 2025, Sat

Date



BoutTime

Signature

