

CERTIFICATE

OF PARTICIPATION

This is to certify that

Lorraine Oberholzer

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

TIME 11:40:43

PACE 12:43/km

OVERALL 210 of 248

GENDER 64 of 76

40 - 49 25 of 30

30 August 2025, Sat

Date



BoutTime

Signature