

CERTIFICATE OF PARTICIPATION

This is to certify that

Lyndsay Massyn

Has successfully participated & completed the

5km The Fair Cape Cares Foundation Trail Run

held at Fair Cape Farm, Durbanville.

TIME 00:51:26

PACE 10:16/km

**GENDER 106 of
209**

OVERALL 151 of 285

50 - 59 17 of 40

13 September 2025, Sat

Date



BoutTime

Signature

