

CERTIFICATE OF PARTICIPATION

This is to certify that

Lynn Williams

Has successfully participated & completed the

5km #IAmAble Fun Run 2025

held at Alta du Toit School, Cape Town.

TIME 01:05:50

PACE 13:09/km

GENDER 85 of 156

OVERALL 137 of 248

40 - 49 22 of 33

20 September 2025, Sat

Date



BoutTime

Signature

