

CERTIFICATE OF PARTICIPATION

This is to certify that

Manfred Laumann

Has successfully participated & completed the

Rhythm Run 15km Rhythm Run

held at Mistico, Cape Town.

TIME 01:37:21

PACE 06:28/km

GENDER 13 of 19

OVERALL 19 of 36

60 - 69 2 of 3

29 March 2025, Sat

Date



BoutTime

Signature

