

CERTIFICATE

OF PARTICIPATION

This is to certify that

Marga Freestone

Has successfully participated & completed the

5km #IAmAble Fun Run 2025

held at Alta du Toit School, Cape Town.

TIME 00:49:02

PACE 09:48/km

OVERALL 88 of 248

GENDER 55 of 156

70 - 79 1 of 1

20 September 2025, Sat

Date



Bout Time
Signature