

CERTIFICATE OF PARTICIPATION

This is to certify that

Michael Coutlakis

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

TIME 07:51:27

PACE 08:33/km

OVERALL 41 of 248

GENDER 33 of 172

OPEN 21 of 72

30 August 2025, Sat

Date



BoutTime

Signature

