

CERTIFICATE OF PARTICIPATION

This is to certify that

**Michael West-
Russell**

Has successfully participated & completed the

10km RTV 2025 #5

held at Vrede en Lust.

TIME 01:37:08

PACE 09:42/km

GENDER 67 of 73

OVERALL 146 of 165

OPEN 26 of 27

31 May 2025, Sat

Date



BoutTime

Signature

