

CERTIFICATE

OF PARTICIPATION

This is to certify that

Michelle Dias

Has successfully participated & completed the

5km #IAmAble Fun Run 2025

held at Alta du Toit School, Cape Town.

TIME 00:45:54

PACE 09:09/km

OVERALL 79 of 248

GENDER 47 of 156

OPEN 18 of 58

20 September 2025, Sat

Date



Bout Time
Signature