

CERTIFICATE

OF PARTICIPATION

This is to certify that

Mienke Lamprecht

Has successfully participated & completed the

5 Km Fun Run / Walk Spekbos Josty Trail Run Challenge 2025

held at Lategansvlei Soccer Stadium, Oudtshoorn.

TIME 00:31:12

PACE 06:13/km

OVERALL 24 of 65

GENDER 6 of 40

< 13 5 of 10

22 November 2025, Sat

Date



BoutTime

Signature