

CERTIFICATE OF PARTICIPATION

This is to certify that

Monique De Kock

Has successfully participated & completed the

2.5km Run/Walk Ambrosia Blueberry Dash

held at Ambrosia Citrus Estate, Mdlazi.

TIME 00:28:04

PACE 6.41km/h

GENDER 9 of 35

OVERALL 11 of 44

SUB VETERAN 2 of 14

18 October 2025, Sat

Date



BoutTime

Signature

