

CERTIFICATE OF PARTICIPATION

This is to certify that

**Monique Lydes-
Uings**

Has successfully participated & completed the

10km Eco Adventure Trail Run #4

held at Hekpoort, Gauteng.

TIME 02:58:17

PACE 17:48/km

GENDER 5 of 6

OVERALL 11 of 12

50 - 59 2 of 2

26 October 2024, Sat

Date



BoutTime

Signature

