

CERTIFICATE OF PARTICIPATION

This is to certify that

Natalie Rust

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

TIME 11:05:49

PACE 12:06/km

GENDER 57 of 76

OVERALL 190 of 248

40 - 49 21 of 30

30 August 2025, Sat

Date



BoutTime

Signature

