

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Neliah Vlok**

Has successfully participated & completed the

**2.5km #IAmAble Fun Run 2025**

held at Alta du Toit School, Cape Town.

**TIME 00:30:20**

**PACE 10:06/km**  
**OVERALL 34 of 80**

**GENDER 23 of 55**  
**14 - 19 7 of 7**

20 September 2025, Sat

Date



*BoutTime*

Signature

