

CERTIFICATE OF PARTICIPATION

This is to certify that

**Nicholaas Du
Plessis**

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

TIME 06:40:01

PACE 07:15/km

OVERALL 8 of 248

GENDER 7 of 172

40 - 49 4 of 59

30 August 2025, Sat

Date



BoutTime

Signature

