

CERTIFICATE OF PARTICIPATION

This is to certify that

Nicholas Sims

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

TIME 08:22:40

PACE 09:07/km

OVERALL 72 of 248

GENDER 56 of 172

40 - 49 22 of 59

30 August 2025, Sat

Date



BoutTime

Signature

