

CERTIFICATE OF PARTICIPATION

This is to certify that

Nicola Raknes

Has successfully participated & completed the
10km Trail Run Around The Rock #3 Laborie
held at Laborie Wine Farm, Paarl.

TIME 01:37:46

PACE 09:45/km
OVERALL 33 of 48

GENDER 20 of 30
50 - 59 4 of 5

09 November 2025, Sun

Date



BoutTime

Signature

