

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## **Nur Connelly**

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

**TIME** 12:15:33

**PACE** 13:21/km

**OVERALL** 225 of 248

30 August 2025, Sat

**Date** 

**GENDER** 155 of

outTime

172

**40 - 49** 55 of 59