

CERTIFICATE OF PARTICIPATION

This is to certify that

Paul Lydes-Uings

Has successfully participated & completed the

10km Eco Adventure Trail Run #4

held at Hekpoort, Gauteng.

TIME 02:56:47

PACE 17:39/km

GENDER 6 of 6

OVERALL 10 of 12

40 - 49 3 of 3

26 October 2024, Sat

Date



BoutTime

Signature

