

CERTIFICATE

OF PARTICIPATION

This is to certify that

Phumla Tshilenge

Has successfully participated & completed the

10km The Fair Cape Cares Foundation Trail Run

held at Fair Cape Farm, Durbanville.

TIME 01:45:13

PACE 10:30/km

OVERALL 227 of 261

13 September 2025, Sat

Date

GENDER 144 of

172

40 - 49 41 of 48

Bout Lim

Signature