

CERTIFICATE OF PARTICIPATION

This is to certify that

Portia Carstens

Has successfully participated & completed the
5km Adult Running for Transformation 2025

held at SACS, Newlands Avenue.

TIME 01:00:39

PACE 12:06/km

**GENDER 101 of
140**

OVERALL 158 of 212

50 - 59 22 of 26

16 June 2025, Mon

Date



BoutTime

Signature

