

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Regina Barbara  
Toua**

Has successfully participated & completed the

**5km The Fair Cape Cares Foundation Trail Run**

held at Fair Cape Farm, Durbanville.

**TIME 00:51:39**

**PACE 10:18/km**

**GENDER 109 of  
209**

**OVERALL 156 of 285**

**50 - 59 18 of 40**

13 September 2025, Sat

Date



*BoutTime*

Signature

