



CERTIFICATE

OF PARTICIPATION

This is to certify that

Rhyn Promnitz

Has successfully participated & completed the

10km Stap Die Groot Stap

held at Die Bosveld.

TIME 02:10:04

PACE 13:00/km **OVERALL** 29 of 77

08 November 2025, Sat

Date

GENDER 15 of 33

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